



Quick Chocolate Mousse

Makes: 4 servings

Ingredients

- 1.5 oz. dark chocolate
- 1 tbsp whole milk
- 1 ½ cups plain Greek yogurt

Directions

- Put chocolate into a microwave-safe bowl and add milk. Microwave until the chocolate is soft and melted, about 30 seconds. Stir Greek yogurt into the chocolate mixture until smooth.